

RISING SUN HERALD

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Walking for a cure

by Lisa Tome
Contributing editor

After cancer touched the lives of three of her aunts in recent months, Jessica Andrews decided to step it up.

Really step it up.

Andrews, 22, of Conowingo, will walk 60 miles over three days in the Susan G. Komen 3-Day for the Cure. The event will be held in San Francisco October 1-3.

Andrews, an EMT for a local paid ambulance service and a paramedic student at Harford Community College, will join her cousin Elissa in California for the walk.

Andrews has done other benefit walks for organizations such as Relay for Life and the March of Dimes, but the three day walk is the longest she signed on to do. She's a self-proclaimed "athlete by association".

"I was always cheering my friends on from the sidelines," she said.

But this time, she's in the game.

"I got a late start with training," she said. She and her dog, Jackson, are walking about 20 miles or more each week to prepare for the walk.

But the walking may be the



Jess Andrews has been gearing up for a three day, 60 mile walk by working out with her dog, Jackson. Andrews is working to raise money to participate.

Fashion fit for the 1860s

by Lisa Tome
Contributing editor

Chris Opdenaker knows just what to wear for any occasion.

If you're going out in the 1860s.

During Saturday's Chautauqua, which was part of the 150th celebration, and held at the Community Fire Company of Rising Sun pavilion, Opdenaker provided her version of "What Not to Wear".

She showed examples of types of apparel for those of all social standings.

"Young girls could wear short sleeves. But adults must cover their arms," said Opdenaker.

She also explained that clothing is a great indicator of the age of a person. Female children in the 1860s were not allowed to wear full-length dresses until they were of marrying age.

Dresses for children also closed in the back while women's clothing fastens in the front.

"Everything in women's fashion made sense. It was perfectly simple and made

sense," she said.

These hints will come in handy for those who dress in period attire for the upcoming 150th Gala which will be

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PHS students pitch in

by Lisa Tome
Contributing editor

David Gonce could have spent Saturday morning sitting at home using his computer.

Instead, Gonce, an 11th grader at Perryville High School, was working side by side with school administrators cleaning up brush and trash.

Gonce was working in

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